

## Thanksgiving Can Change Your Life

### I. THE BENEFITS OF A GRATEFUL SPIRIT

- A. Motivates you to look for God's purpose in your circumstances.

*Happiness is determined by attitude! - Phil. 4:4*

- B. Improve your witness for Christ—1 Peter 2:12

- C. Enhance your relationships

- D. Solidify your relationship with God—Heb. 12:25

### II. THREE WAYS TO DEVELOP THANKSGIVING IN OUR LIVES :

- A. Everything we have is from God - Psalm 24:1; 1 Cor. 4:7; James 1:17

- B. Avoid Complaining! Psalm 77:3

*Complaining is the archenemy of thanksgiving*

- C. Develop the daily discipline of giving thanks (Eph. 5:19; Dan 6)

If you own one Bible, you are abundantly blessed, because a third of the people in the world do not have access to a Bible. **If you awoke this morning with more health** than illness you are more blessed than 1 million people who will not survive the week. If you have never experienced the danger of war, the loneliness of imprisonment, the agony of torture, or the pangs of starvation you are more fortunate than 500 million people on earth. If you have food in your refrigerator, clothes on your back, a roof over your head, twenty dollars in your pocket and a place to sleep you are richer than 75 percent of the world. O, God forgive me when I whine.

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